

UCSC RESOURCE CENTERS

AARCC AIRC AA/PIRC CANTÚ QUEER CENTER EL CENTRO WOMXN'S CENTER

JOIN US FOR THESE VIRTUAL ELECTION EVENTS!

**THURSDAY
OCTOBER 29
12 pm - 1:30 pm**

A Healing Justice Moment. Rethinking Self and Community Care in Stormy Times with Silvia Austerlic

We'll read and discuss the Healing Justice Manifesto as a framework for understanding how self and community care work hand in hand.

bit.ly/healingjusticemoment1029

**TUESDAY
NOVEMBER 3
4 pm - 10 pm**

Election Night with the Resource Centers

Join us as we gather in community, follow the election results, have a space for study and provide support from a CAPS counselor who will be available in a break out room from 6-9 pm.

bit.ly/resourcecenterselectionnight

**THURSDAY
NOVEMBER 5
4 pm - 5:30 pm**

Building Community and Strengthening Connections with Silvia Austerlic

We will explore and practice listening as a form of self-care and the cultural humility skills of "Listening Presence," learning to be present for others in mindful, supportive and healthy ways.

bit.ly/buildingcommunity1105

Silvia Austerlic is an intercultural educator and consultant @ Senti-Pensante Connections (senti-pensante.com). A lecturer at UCSC Oakes College and working member of UCSC Radical Resilience Initiative, she facilitates campus-wide learning events surrounding critical interculturality, self-leadership, healing justice, and fostering resilience and care in the community.

